

Parents
and Friends

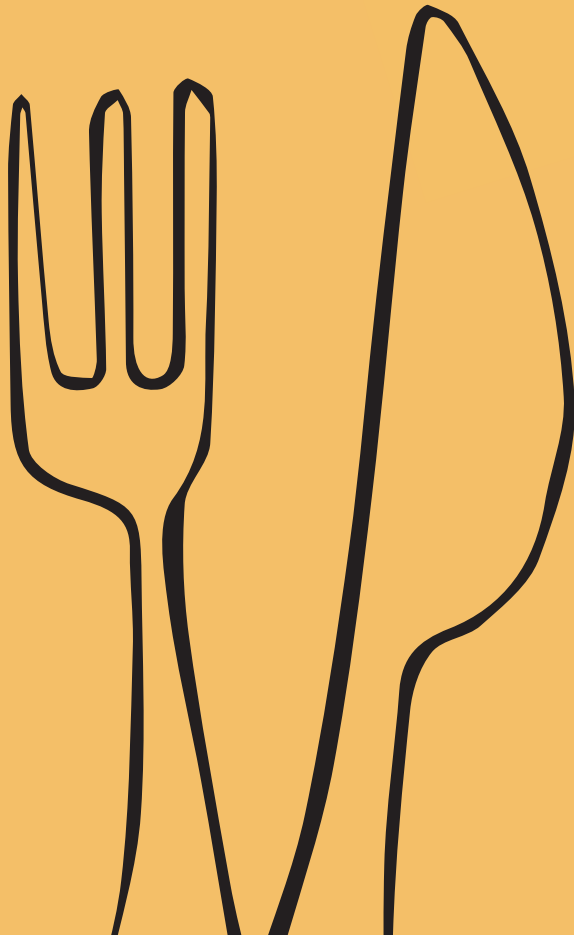


HOT LUNCHES

MENU

TERM FOUR PRICE

REGULAR | \$4.00



TORRENS VALLEY
CHRISTIAN SCHOOL

WEEK 1 - SPIRALI BOLOGNAISE PASTA

Spirali pasta tossed through a beef bolognaise sauce topped with shaved parmesan cheese.

Available options: Gluten Friendly | Dairy Friendly



WEEK 2 - SWEET + SOUR PORK WITH RICE

Traditional Chinese sweet and sour sauce with slow cooked pork, thinly sliced fresh vegetables and steamed rice.

Available options: Vegetarian | Vegan | Gluten Friendly Contains: **Soy** products



WEEK 3 - CHICKEN BURRITO BOWL

Chicken tossed through a Mexican tomato sauce served alongside steamed rice and corn salsa.

Available options: Vegetarian | Vegan



WEEK 4 - JAPANESE BENTO BOX (TERIYAKI BEEF)

Japanese Bento Box with teriyaki marinated beef, miso eggplant, steamed rice and lightly pickled fresh vegetables.

Available options: Vegetarian | Vegan Contains: **Soy** products



WEEK 5 - BUTTER CHICKEN CURRY

A creamy tomato Indian butter chicken curry served with steamed rice and a cucumber yoghurt raita.



As all menu items are made in the same kitchen, we have labelled them as 'friendly' as opposed to 'free'.

